Grand Rapids, Michigan

COMMUNITY RESOURCE GUIDE

Food • Housing • Utilities • Health • Domestic Violence • Family Support • Seniors • Veterans • Employment • Legal & Crisis Resources

“Bear one another’s burdens, and so fulfill the law of Christ.” - Galatians 6:2

Need help and do not know where to start?
Dial **2-1-1** or call **800-887-1107**. Heart of West Michigan United Way provides free, confidential, 24/7 referrals for food, housing, utilities, health care, transportation, employment, mental health and other needs.

Domestic violence or relationship abuse: YWCA West Central Michigan has a 24-hour helpline at **616-454-9922**. Safe Haven Ministries can be reached at **616-452-6664**. If someone is in immediate danger, call **911**.

Important: Hours, funding, eligibility, pantry schedules and shelter availability change. Call ahead whenever possible. Information checked in September 2026.

FOOD & NUTRITION ASSISTANCE

Greater Lansing? No - Greater Grand Rapids Food Help: Start with 2-1-1

Address: Heart of West Michigan United Way, 118 Commerce Ave SW, Grand Rapids, MI 49503
Phone: Dial 211 or 800-887-1107

The fastest way to locate a pantry or meal program close to a specific Grand Rapids ZIP code is 2-1-1. Specialists maintain a live database of food, housing and emergency resources.

Northwest Food Pantry

Address: 1224 Davis Ave NW, Grand Rapids, MI 49504
Phone: 616-300-5079

Volunteer-run pantry serving the northwest side of Grand Rapids. Current public hours are Monday, Wednesday and Friday mornings. Call before visiting, especially around holidays or weather closures.

The Other Way Ministries - Community Resource Center

Address: 710 Fulton St W, Grand Rapids, MI 49504
Phone: 616-454-4011

Westside community resource center offering a food pantry, basic-needs assistance and connections to longer-term supports.

North End Community Ministry

Address: 214 Spencer St NE, Grand Rapids, MI 49505
Phone: 616-454-1097

Client-choice food pantry and personal-care pantry for residents in its service area. Emergency groceries are designed to help bridge short-term food gaps.

St. Alphonsus Food & Clothing Center

Address: 228 Carrier St NE, Grand Rapids, MI 49505
Phone: 616-588-0671

Client-choice food pantry and clothing assistance serving northeast Grand Rapids. Registration/service-area rules may apply.

SECOM Resource Center

Address: 751 Burton St SE, Grand Rapids, MI 49507
Phone: 616-452-7684

Healthy food pantry, fresh-food resources, community garden and other household-stability programs.

The Salvation Army - Kent County

Address: 1215 Fulton St E, Grand Rapids, MI 49503
Phone: 616-459-9468

Emergency food assistance and community-service referrals. Pantry and program lines may have separate hours, so call for current intake information.

HOUSING, HOMELESSNESS & EMERGENCY SHELTER

Grand Rapids / Kent County Homelessness Entry

Phone: Dial 211

The City of Grand Rapids directs individuals and families who are homeless or at risk of homelessness to 2-1-1 for coordinated housing and shelter referrals.

Mel Trotter Ministries

Address: 225 Commerce Ave SW, Grand Rapids, MI 49503
Phone: 616-454-8249

Faith-based homelessness services including emergency shelter, meals, case management, health services and workforce support. Programs include shelter options for men, young men and families. Call for current intake.

Dégagé Ministries - Open Door Women's Center

Address: 139 Sheldon Ave SE, Grand Rapids, MI 49503
Phone: 616-454-1661

Emergency overnight shelter and daytime support for women experiencing homelessness or crisis. Services can include meals, showers, laundry and secure storage.

ICCF Family Haven

Address: 701 Prospect Ave SE, Grand Rapids, MI 49503
Phone: 616-247-4949

Small emergency housing program for families experiencing homelessness, paired with housing-stabilization support. Capacity is limited.

Grand Rapids Housing Commission

Address: 1420 Fuller Ave SE, Grand Rapids, MI 49507
Phone: 616-235-2600

Affordable housing and Housing Choice Voucher / Section 8 programs. Contact the commission for current applications and waitlist status.

Kent County Community Action - Homeless Prevention

Address: 121 Martin Luther King Jr. St SE, Suite 110, Grand Rapids, MI 49507
Phone: 616-632-7950

May provide homelessness-prevention financial assistance when funding and application lists are open. Availability changes during the year.

UTILITY & EMERGENCY FINANCIAL ASSISTANCE

Kent County Community Action

Address: 121 Martin Luther King Jr. St SE, Suite 110, Grand Rapids, MI 49507
Phone: 616-632-7950

Community Action administers utility, water/sewer, weatherization and housing-stability programs when funding is available. Eligibility varies by program.

• Michigan Energy Assistance Program support may be available to qualifying Kent County households.

• Weatherization and home-repair applications may have different open/closed periods.

• Call or check current application status before gathering documents or traveling.

Michigan State Emergency Relief (SER)

Address: MDHHS / MI Bridges

Residents facing an energy emergency may need to apply for State Emergency Relief through MI Bridges before accessing some Michigan Energy Assistance Program resources. 2-1-1 can help identify current supplemental programs.

Grand Rapids Water/Sewer Assistance

Address: Kent County Community Action
Phone: 616-632-7950

Income-eligible Grand Rapids Water/Sewer customers who are delinquent or shut off may qualify for assistance when the program is open. Call for current funding status.

MEDICAL, DENTAL & MENTAL HEALTH

Cherry Health - Heart of the City / Cherry Street Health Centers

Address: Grand Rapids, MI
Phone: 616-965-8200

Community health system providing accessible primary care and a range of services that can include dental, behavioral health, women's health, pediatrics, vision and pharmacy. Call for the best location and appointment.

Catherine's Health Center - Creston

Address: 1211 Lafayette Ave NE, Grand Rapids, MI 49505
Phone: 616-336-8800

Community health center providing primary medical care and outpatient behavioral-health services with affordability options for patients with or without insurance.

Kent County Health Department

Address: 700 Fuller Ave NE, Grand Rapids, MI 49503
Phone: 616-632-6900

Public-health services and referrals for Kent County residents. Call for current clinic programs, immunizations, sexual-health services and WIC navigation.

Mental Health Crisis

Phone: Call or text 988

The 988 Suicide & Crisis Lifeline is available 24/7. Call 911 for immediate medical or physical danger.

WOMEN, DOMESTIC VIOLENCE & SURVIVOR SUPPORT

Abuse is not limited to physical violence. Threats, stalking, sexual violence, financial control, isolation, intimidation and technology monitoring can also be forms of abuse. A trained advocate can help create an individualized safety plan without requiring a survivor to make a particular decision.

YWCA West Central Michigan

Address: 25 Sheldon Blvd SE, Grand Rapids, MI 49503
Phone: 24/7 Helpline: 616-454-9922

Comprehensive domestic and sexual violence services. Emergency domestic-violence shelter is available through the helpline, and services are also available to survivors living outside the shelter.

• Confidential emergency shelter and safety planning

• Child and court advocacy

• Case management and counseling/support groups

• Economic empowerment and employment assistance

• Longer-term housing and supportive services

Safe Haven Ministries

Address: 2627 Birchcrest Dr SE, Grand Rapids, MI 49506
Phone: 616-452-6664

Domestic violence and human-trafficking/exploitation support. Safe Haven provides emergency safe shelter for individuals and families, advocacy, resource connections, educational groups and support for children.

61st District Court Domestic Assault Response Team (DART)

Address: 180 Ottawa Ave NW, Suite 5500, Grand Rapids, MI 49503
Phone: 616-632-5641

Court-connected domestic-assault response resource that can help survivors navigate advocacy and justice-system resources.

National Domestic Violence Hotline

Phone: 800-799-7233

Free confidential support. Text START to 88788. If using a device an abusive partner may monitor, consider using a safer phone or computer when possible.

CHILDREN, FAMILIES & PREGNANCY SUPPORT

Kent County / Michigan WIC

Address: Kent County Health Department, Grand Rapids
Phone: 616-632-7200

Nutrition education, breastfeeding support and food benefits for eligible pregnant/postpartum women, infants and children under age 5. Call for current clinic scheduling.

Kent County MDHHS

Address: 121 Martin Luther King Jr. St SE, Grand Rapids, MI 49507
Phone: 844-464-3447

Apply through MI Bridges for Food Assistance, Medicaid and other state benefits. 2-1-1 can also help identify local application assistance.

The Salvation Army - Kent County

Address: 1215 Fulton St E, Grand Rapids, MI 49503
Phone: 616-459-9468

Family-support, food and housing-related programs vary by funding and household situation. Call for current programs and intake.

AYA Youth Collective

Address: Grand Rapids, MI

Youth-centered homelessness and housing-support organization. 2-1-1 can provide the most current youth shelter and drop-in referral information.

SENIORS & CAREGIVERS

Area Agency on Aging of Western Michigan

Address: 3215 Eaglecrest Dr NE, Grand Rapids, MI 49525
Phone: 616-456-5664

Regional aging resource for older adults, people with disabilities and caregivers. Connects residents with home- and community-based services, nutrition, benefits and long-term-care resources.

Senior Neighbors

Address: Grand Rapids / Kent County
Phone: 616-459-6019

Senior services including support and resource navigation. 2-1-1 and the Area Agency on Aging can help identify the closest Senior Neighbors program and current services.

VETERANS

Kent County Veterans Services

Address: 836 Fuller Ave NE, Grand Rapids, MI 49503
Phone: 616-632-5722

Helps eligible Kent County veterans and families navigate federal, state and county benefits, claims, financial-hardship resources and burial benefits.

Veterans Crisis Line

Phone: 988, then press 1

24/7 crisis support for veterans, service members and loved ones. Text 838255 is also available.

EMPLOYMENT & JOB TRAINING

West Michigan Works! - Grand Rapids NW Service Center

Address: 215 Straight Ave NW, Grand Rapids, MI 49504
Phone: 616-336-4460

Public workforce center offering job-search support, workshops, training connections, career services and employer resources.

YWCA Survivor Employment Assistance

Address: 25 Sheldon Blvd SE, Grand Rapids, MI 49503
Phone: 616-454-9922

Survivors of domestic or sexual violence can ask about economic empowerment and employment assistance as part of YWCA survivor services.

FREE & LOW-COST LEGAL HELP

Legal Aid of Western Michigan

Address: 25 Division Ave S, Suite 300, Grand Rapids, MI 49503
Phone: 616-774-0672

Nonprofit civil legal aid for eligible low-income residents and seniors. Case priorities can include housing stability, family safety, public benefits, consumer matters and other civil legal problems.

Fair Housing Center of West Michigan

Address: Grand Rapids, MI
Phone: 616-451-2980

Provides fair-housing education, advocacy and assistance related to housing discrimination. The City of Grand Rapids directs residents to the Fair Housing Center for fair-housing concerns.

QUICK REFERENCE - IMPORTANT NUMBERS

Need	Contact
Emergency police / fire / medical	911
Mental health / suicide crisis	988
Community resources / housing / food	211 or 800-887-1107
YWCA domestic violence 24/7	616-454-9922
Safe Haven Ministries	616-452-6664
National Domestic Violence Hotline	800-799-7233
Kent County Community Action	616-632-7950
Mel Trotter Ministries	616-454-8249
Dégagé women's shelter	616-454-1661
Kent County Veterans Services	616-632-5722
Area Agency on Aging	616-456-5664
Legal Aid of Western Michigan	616-774-0672
West Michigan Works!	616-336-4460

WHEN YOU DON'T KNOW WHERE TO START

1. Dial 2-1-1
Best general starting point for food, housing, shelter, utilities, transportation, health care, employment and other local services.

2. Kent County Community Action - 616-632-7950
For utility assistance, weatherization, housing-stability and other Community Action programs when applications are open.

3. YWCA West Central Michigan - 616-454-9922
For domestic violence or sexual violence, confidential safety planning, emergency shelter and survivor advocacy.

4. Legal Aid of Western Michigan - 616-774-0672
For qualifying civil legal problems involving housing, family safety, benefits and other urgent matters.

Safety planning: Leaving an abusive relationship can be a high-risk time. A domestic-violence advocate can help plan around children, transportation, medications, documents, pets, finances and technology safety. A personalized plan is safer than a one-size-fits-all checklist.

Compiled for community use. Verify hours, eligibility, funding and shelter space directly with each organization.