Peoria, Illinois

COMMUNITY RESOURCE GUIDE

Food • Housing • Utilities • Health • Domestic Violence • Family Support • Seniors • Veterans • Employment • Legal & Crisis Resources

“Bear one another’s burdens, and so fulfill the law of Christ.” - Galatians 6:2

Need help and do not know where to start?
Call **2-1-1** or **309-999-4029**. Heart of Illinois 2-1-1 is available 24/7 and connects people with food, housing, utilities, clothing, transportation, health care, employment, legal and other community resources.

Domestic violence or abuse: The Center for Prevention of Abuse has a 24/7 crisis hotline at **1-800-559-SAFE (7233)**. Its victim services are free and confidential. If someone is in immediate danger, call **911**.

Important: Hours, funding, eligibility, pantry schedules and shelter space can change. Call ahead whenever possible. Information checked in September 2026.

FOOD & BASIC NEEDS

Peoria Area Food Pantry

Address: 721 W. McBean St., Peoria, IL 61605
Phone: 309-999-3842

Direct food assistance for Peoria County residents, including regular grocery distribution and limited emergency food-box options. Call for the current distribution schedule and eligibility details.

Peoria Friendship House of Christian Service

Address: 800 NE Madison Ave., Peoria, IL 61603
Phone: 309-671-5200

Community center providing food support plus wraparound services such as adult education, workforce readiness, immigrant/Latino support, basic-needs assistance and health-resource connections.

The Salvation Army Family Services

Address: 414 NE Jefferson Ave., Peoria, IL 61603
Phone: 309-655-7272

Provides food and other emergency social services. Assistance may also include clothing, rent/utility help or case management when funding and eligibility allow.

PCCEO Community Services

Address: 711 W. McBean St., Peoria, IL 61605
Phone: 309-671-3900

Community Action programs include food pantry/food voucher assistance and other supports depending on current funding.

• Food assistance

• Diaper vouchers

• Prescription assistance

• Rental/mortgage assistance

• Employment and educational supports

HOUSING, HOMELESSNESS & EMERGENCY SHELTER

Heart of Illinois 2-1-1

Phone: 211 or 309-999-4029

Best first call for current shelter openings, coordinated housing referrals and homelessness-prevention resources.

Dream Center Peoria

Address: 714 Hamilton Blvd., Peoria, IL 61603
Phone: 309-676-3000

Faith-based community organization with a 24/7 emergency shelter for eligible women, children and families, along with meals, showers, clothing, case management, life-skills and youth programs.

Pathway Ministries - Women's Residential Center

Address: 6847 N. Allen Rd., Peoria, IL 61614
Phone: 309-689-0915

24/7 shelter for single women. Local public-health resource listings note formal intake hours generally from 2:00-4:00 p.m. daily; call first.

The Salvation Army - Family Services Shelter

Address: 417 NE Adams St., Peoria, IL 61603
Phone: 309-655-7272

Emergency shelter serving families and other eligible households. Call first for current space and intake requirements.

The Salvation Army - Safety Net

Address: 414 NE Jefferson St., Peoria, IL 61603
Phone: 309-655-7272

Emergency shelter option for single men. Call for current intake and bed availability.

Pathway Ministries - Men's Residential Center

Address: 601 SW Adams St., Peoria, IL 61602
Phone: 309-676-6416

Residential shelter/support resource for single men experiencing homelessness.

UTILITY, RENT & EMERGENCY FINANCIAL ASSISTANCE

Peoria Citizens Committee for Economic Opportunity (PCCEO)

Address: 711 W. McBean St., Peoria, IL 61605
Phone: 309-671-3900

Community Action agency providing a broad range of emergency and self-sufficiency services. Some programs depend on seasonal or grant funding.

• Rental/mortgage assistance through qualifying programs

• Food and emergency basic-needs help

• Weatherization assistance

• Employment and education supports

Tazwood Community Services - Peoria Office

Address: 1716 N. University St., Peoria, IL 61604
Phone: 309-266-9941

Current Illinois state listings identify Tazwood as the local administering agency for LIHEAP and weatherization services in Peoria County. Office hours are generally Monday-Thursday 8:00 a.m.-4:00 p.m. and Friday 8:00 a.m.-1:00 p.m.

Illinois LIHEAP / Help Illinois Families

Phone: 833-711-0374

The 2027 program year begins October 1, 2026. Priority groups can begin applying October 1, with other income-eligible households beginning November 1. Funding is limited and the program can close early.

Peoria Township Relief

Address: Peoria, IL
Phone: 309-674-8237

Limited general emergency or utility-emergency assistance may be available for eligible Peoria Township residents.

MEDICAL, PUBLIC HEALTH & WIC

Peoria City/County Health Department

Address: 2116 N. Sheridan Rd., Suite A, Peoria, IL 61604
Phone: 309-679-6000

Public-health services include immunizations, STI/HIV testing, child lead screening, health-insurance navigation, WIC and other prevention programs. Building hours are generally Monday-Friday, 8:00 a.m.-4:30 p.m.

Peoria County WIC

Address: 2116 N. Sheridan Rd., Suite A, Peoria, IL 61604
Phone: 309-679-6076

Nutrition and food-benefit program for eligible pregnant/postpartum women, infants and children under age 5 who live in Peoria County.

Mental Health / Suicide Crisis

Phone: Call or text 988

The 988 Suicide & Crisis Lifeline is available 24/7. For immediate physical danger or a medical emergency, call 911.

WOMEN, DOMESTIC VIOLENCE & SURVIVOR SUPPORT

Abuse can include more than physical violence. Threats, stalking, sexual violence, financial control, isolation, intimidation and technology monitoring can also be forms of abuse. A trained advocate can help with an individualized safety plan without requiring a survivor to make a particular decision.

Center for Prevention of Abuse

Address: 720 W. Joan Ct., Peoria, IL 61614
Phone: Main: 309-691-0551 | 24/7 Crisis: 1-800-559-SAFE (7233)

Central Illinois survivor-services organization. All victim services are free and confidential.

• Emergency safe shelter in the Peoria/Pekin area

• 24/7 crisis response and medical advocacy

• Safety planning

• Therapy/counseling and support groups

• Domestic violence, sexual assault and human trafficking services

• Court advocacy and Orders of Protection assistance

• Services for seniors and adults with disabilities

Peoria County Orders of Protection Office

Address: Peoria County Courthouse
Phone: 309-672-6074

Center for Prevention of Abuse court advocates assist survivors with Orders of Protection and court-system navigation.

Center for Prevention of Abuse - NextStep Housing

Address: Peoria, IL
Phone: 309-691-0551

Longer-term housing option for individuals, with or without children, transitioning away from an abusive relationship. Residents receive case management and therapy; program fees use a sliding scale.

National Domestic Violence Hotline

Phone: 800-799-7233

Free confidential 24/7 support. Text START to 88788. If an abusive person may monitor a phone or computer, consider using a safer device when possible.

CHILDREN & FAMILY SUPPORT

PCCEO Head Start / Early Head Start

Address: Peoria County
Phone: 309-671-3900

Early-childhood and family services for eligible children and families. Contact PCCEO for enrollment and current site information.

Dream Center Peoria

Address: 714 Hamilton Blvd., Peoria, IL 61603
Phone: 309-676-3000

Family-focused services include emergency shelter, youth programs, meals/basic needs, case management and supportive services.

Peoria Friendship House

Address: 800 NE Madison Ave., Peoria, IL 61603
Phone: 309-671-5200

Offers family and youth supports alongside food, education, workforce and immigrant/community services.

SENIORS, CAREGIVERS & ADULT PROTECTION

Central Illinois Agency on Aging

Address: 700 Hamilton Blvd., Peoria, IL 61603
Phone: 309-674-2071 or 877-777-2422

Area Agency on Aging for Peoria, Fulton, Marshall, Stark, Tazewell and Woodford counties. Helps older adults and caregivers connect to local aging, nutrition, in-home, legal, transportation and long-term-care resources.

Illinois Senior HelpLine

Phone: 800-252-8966

Statewide information and referral for adults age 60+ and caregivers.

Adult Protective Services - Center for Prevention of Abuse

Address: Peoria, IL
Phone: 309-637-3905

Assistance for older adults and adults with disabilities who may be experiencing abuse, neglect or financial exploitation.

Illinois Adult Protective Services Hotline

Phone: 866-800-1409

Statewide reporting line for suspected abuse, neglect or financial exploitation of eligible older adults and adults with disabilities.

VETERANS

Harold A. Fritz Veterans Assistance Commission of Peoria County

Address: 4234 N. Knoxville Ave., Peoria, IL 61614
Phone: 309-681-2554

County veteran agency providing VA claims/benefit assistance and emergency/interim financial assistance to eligible Peoria County veterans and dependents. Current services are by appointment.

Illinois Department of Veterans' Affairs - Peoria Office

Address: 401 Main St., Suite 650, Peoria, IL 61602
Phone: 309-671-7679

Free state Veteran Service Officer assistance with benefits, claims and referrals. Statewide veterans line: 800-437-9824.

Bob Michel VA Clinic

Address: 7717 N. Orange Prairie Rd., Peoria, IL 61615

VA outpatient clinic serving eligible veterans in the Peoria area. Contact VA Health Connect or the VA system for appointments and current clinic services.

Veterans Crisis Line

Phone: 988, then press 1

24/7 crisis support for veterans, service members and loved ones. Text 838255 is also available.

EMPLOYMENT & JOB TRAINING

Career Link - Peoria County American Job Center

Address: 406 Elm St., Peoria, IL 61605
Phone: 309-321-0260

Illinois workNet / American Job Center serving adults, youth, veterans, laid-off workers, people with disabilities, immigrants and re-entry job seekers. Services include career guidance, job-search support and workforce training connections.

PCCEO Employment Support

Address: 711 W. McBean St., Peoria, IL 61605
Phone: 309-671-3900

Community Services Block Grant programs may include employment support, educational assistance and scholarships depending on funding.

Peoria Friendship House

Address: 800 NE Madison Ave., Peoria, IL 61603
Phone: 309-671-5200

Workforce readiness, education and other wraparound services for residents working toward greater stability.

FREE & LOW-COST LEGAL HELP

Prairie State Legal Services - Peoria Office

Address: 101 SW Adams St., Suite 800, Peoria, IL 61602
Phone: 309-674-9831 | Toll-free 800-322-2280

Free civil legal assistance for eligible low-income residents and certain older adults. Services can include housing, public benefits, safety-related family law, consumer matters and barriers to employment or housing.

Peoria County Legal Self-Help Center

Address: Peoria County Courthouse Law Library, 324 Main St., Room 211, Peoria, IL 61602
Phone: 309-672-6084

Provides legal information, court forms, computers, printing/scanning and referrals to legal aid. Staff provide legal information rather than legal advice.

Peoria County Eviction Courthouse Project

Address: Peoria County Courthouse
Phone: 309-674-9831

Prairie State Legal Services provides free courthouse assistance to qualifying low-income tenants at certain Tuesday eviction hearings. Call ahead for eligibility screening.

QUICK REFERENCE - IMPORTANT NUMBERS

Need	Contact
Emergency police / fire / medical	911
Mental health / suicide crisis	988
Community resources / food / housing	211 or 309-999-4029
Domestic violence / abuse 24/7	800-559-7233
Center for Prevention of Abuse	309-691-0551
Dream Center Peoria	309-676-3000
Salvation Army Family Services	309-655-7272
PCCEO Community Action	309-671-3900
LIHEAP - Tazwood Peoria	309-266-9941
Peoria Health Department	309-679-6000
WIC	309-679-6076
Central Illinois Agency on Aging	309-674-2071
Veterans Assistance Commission	309-681-2554
Career Link / American Job Center	309-321-0260
Prairie State Legal Services	309-674-9831

WHEN YOU DON'T KNOW WHERE TO START

1. Heart of Illinois 2-1-1 - 211 or 309-999-4029
Best general starting point for food, housing, utilities, clothing, transportation, health, employment and other local resources.

2. PCCEO - 309-671-3900
For Community Action services such as food/basic needs, rental or mortgage assistance, weatherization, employment support and other programs when funding is available.

3. Center for Prevention of Abuse - 1-800-559-7233
For domestic violence, sexual assault, human trafficking, abuse, emergency shelter, safety planning and confidential survivor advocacy.

4. Peoria City/County Health Department - 309-679-6000
For public-health services, immunizations, WIC, testing and health-resource navigation.

Safety planning: Leaving an abusive relationship can be a high-risk time. A trained advocate can help plan around children, transportation, medications, documents, pets, finances, housing and technology safety. A personalized safety plan is preferable to a generic checklist.

Compiled for community use. Verify hours, eligibility, funding and shelter space directly with each organization before relying on the information.