

# Sioux Falls, South Dakota

## COMMUNITY RESOURCE GUIDE

Food • Housing • Utilities • Health • Domestic Violence • Family Support • Seniors • Veterans • Employment • Legal & Crisis Resources

*"Bear one another's burdens, and so fulfill the law of Christ." - Galatians 6:2*

### **Need help and do not know where to start?**

Dial **2-1-1**. The Helpline Center connects Sioux Falls-area residents with food, housing, financial assistance, health care, transportation and other community resources. Health Connect of South Dakota is another strong navigation resource at **605-371-1000**.

**Domestic violence or family safety:** Children's Home Shelter for Family Safety provides confidential crisis shelter and advocacy at **605-338-4880**. If someone is in immediate danger, call **911**.

**Important:** Hours, funding, eligibility and shelter availability can change. Call ahead whenever possible. Information checked September 2026.

## FOOD & BASIC NEEDS

### The Salvation Army of Sioux Falls

**Address:** 900 N. Cliff Ave., Sioux Falls, SD 57103

**Phone:** 605-332-2331

Emergency food pantry and social-service hub. Assistance can also include emergency rent/utility help and family/senior programming when programs and funding are available.

### Union Gospel Mission of Sioux Falls

**Address:** 701 E. 8th St., Sioux Falls, SD 57103

**Phone:** 605-334-6732

Faith-based emergency resource providing meals, food assistance, clothing, showers and connections to shelter and other services.

### Helpline Center

**Address:** 3817 S. Elmwood Ave., Sioux Falls, SD 57105

**Phone:** Dial 211 or 605-339-4357

24/7 community-resource navigation for food, financial help, health care, transportation and other local needs.

### Health Connect of South Dakota

**Address:** 320 S. 3rd Ave., Suite B, Sioux Falls, SD 57104

**Phone:** 605-371-1000

Free Community Care Coordinators help individuals and families locate food, housing, medical care, transportation, employment and financial resources.

## HOUSING & HOMELESSNESS

### Bishop Dudley Hospitality House

**Address:** 101 N. Indiana Ave., Sioux Falls, SD 57103

**Phone:** 605-809-8424

Emergency shelter and day program for people experiencing homelessness, with basic-needs services and resource connections.

### St. Francis House

**Address:** 210 N. Sherman Ave., Sioux Falls, SD 57103

**Phone:** 605-334-3879

24/7 emergency/transitional housing with meals, case management and structured support toward employment and permanent housing.

### Union Gospel Mission - Men's Center

**Address:** 220 N. Weber Ave., Sioux Falls, SD 57103

**Phone:** 605-334-6732

Emergency shelter and daily resource services for men experiencing homelessness or housing instability.

### Sioux Falls Housing & Redevelopment Commission

**Address:** 3900 W. 53rd St., Sioux Falls, SD 57106

**Phone:** 605-332-0704

Long-term rental assistance and specialized housing programs, including Housing Choice Vouchers and VASH. Waitlists and eligibility vary.

## **Minnehaha County Human Services**

**Address:** Sioux Falls, SD

County emergency-relief resource for people experiencing homelessness or financial crisis. Dial 211 for current intake details and referrals.

## UTILITIES & EMERGENCY FINANCIAL HELP

### South Dakota Low Income Energy Assistance Program (LIEAP)

**Phone:** 800-233-8503

State energy-assistance program for qualifying households. Eligibility and benefit amounts depend on income, household and program rules.

### The Salvation Army of Sioux Falls

**Address:** 900 N. Cliff Ave., Sioux Falls, SD 57103

**Phone:** 605-332-2331

May provide emergency rent and utility assistance when funding and eligibility allow.

### Helpline Center

**Phone:** 211

Use 211 to locate current utility-assistance funds, emergency financial programs and other local help.

## MEDICAL & MENTAL HEALTH

### Falls Community Health

**Address:** Sioux Falls, SD

Community health services including primary care and homeless outreach/street medicine. Dial 211 or Health Connect for the best current clinic/contact.

### Health Connect of South Dakota

**Address:** 320 S. 3rd Ave., Suite B, Sioux Falls, SD 57104

**Phone:** 605-371-1000

Free care coordinators help connect people to medical care, housing and other health-related supports.

### South Dakota Urban Indian Health

**Address:** Sioux Falls, SD

Primary care, behavioral health and culturally responsive services, with a focus on Native communities while welcoming community members more broadly.

### Mental Health / Suicide Crisis

**Phone:** Call or text 988

24/7 Suicide & Crisis Lifeline. Call 911 for immediate physical danger or medical emergency.

## WOMEN, DOMESTIC VIOLENCE & SURVIVOR SUPPORT

**Abuse can include physical violence, threats, stalking, sexual violence, financial control, isolation, intimidation and technology monitoring.** A trained advocate can help create an individualized safety plan without requiring a survivor to make a particular decision.

## **Children's Home Shelter for Family Safety**

**Address:** 113 N. St. Paul Ave., Sioux Falls, SD 57103

**Phone:** 605-338-4880 | Outside Sioux Falls: 888-378-7398

Confidential crisis shelter and advocacy for people affected by domestic violence and related abuse.

- Emergency confidential shelter
- Safety planning and crisis advocacy
- Support and community-resource referrals
- Services for survivors and children

## **Mita Maske Ti Ki / My Sister Friend's House**

**Address:** Sioux Falls, SD

**Phone:** 605-731-1950

Culturally responsive shelter and transitional support for survivors of domestic violence and sex trafficking, with particular focus on Native women while serving Native and non-Native survivors.

## **Solace Crisis Care**

**Address:** 2210 S. Brown Pl., Sioux Falls, SD 57105

**Phone:** 605-336-1974

Free, confidential, trauma-informed services for people impacted by sexual assault, domestic violence, human trafficking, child abuse and other violent crime. Walk-in crisis services are available during posted office hours.

## **South Dakota Network Against Family Violence & Sexual Assault - Civil Legal Services**

**Address:** 2520 E. River Ridge Pl., Suite 200, Sioux Falls, SD 57103

**Phone:** 800-670-3989

Free civil legal services for eligible survivors in eastern South Dakota, including help with protection orders, divorce, custody, employment and housing issues.

## **National Domestic Violence Hotline**

**Phone:** 800-799-7233

Free confidential 24/7 support. Text START to 88788.

## CHILDREN & FAMILY SUPPORT

### Helpline Center

**Phone:** 211

Family resource navigation, including food, housing, child/family services, transportation and financial assistance.

### The Salvation Army of Sioux Falls

**Address:** 900 N. Cliff Ave., Sioux Falls, SD 57103

**Phone:** 605-332-2331

Family services, food assistance, youth programs and seasonal support.

### Children's Home Shelter for Family Safety

**Address:** 113 N. St. Paul Ave., Sioux Falls, SD 57103

**Phone:** 605-338-4880

Safety and shelter support for families and children affected by domestic violence or abuse.

## SENIORS & CAREGIVERS

### South Dakota Department of Human Services - Aging Resources

**Phone:** 605-773-5990

State resource for older adults and caregivers seeking information about aging and community-based supports.

### Helpline Center

**Phone:** 211

Can identify senior nutrition, transportation, caregiver, housing and benefit resources available in the Sioux Falls area.

## VETERANS

### Sioux Falls Vet Center

**Address:** 5020 S. Broadband Ln., Suite 100, Sioux Falls, SD 57108

**Phone:** 605-330-4552 | After hours 877-927-8387

Confidential, no-cost counseling and readjustment support for eligible veterans, service members and families. Offers individual, family and group services.

### Minnehaha County Veterans Services

**Address:** 521 N. Main Ave., Suite 201, Sioux Falls, SD 57104

**Phone:** 605-367-4201

Helps veterans, dependents and survivors understand and apply for federal and state benefits and connect to additional resources.

### Veterans Community Resource - Volunteers of America, Dakotas

**Address:** 1113 E. 14th St., Sioux Falls, SD 57104

**Phone:** 605-274-1540

Drop-in resource for veterans and families experiencing homelessness or at risk, including housing and employment connections and practical supports.

### Veterans Crisis Line

**Phone:** 988, then press 1

24/7 crisis support for veterans, service members and loved ones. Text 838255.

## EMPLOYMENT & TRAINING

### Helpline Center

**Phone:** 211

Connects residents with current job-search, workforce-development, transportation and financial-stability resources.

### Veterans Community Resource

**Address:** 1113 E. 14th St., Sioux Falls, SD 57104

**Phone:** 605-274-1540

Employment and housing support for eligible veterans, including connections to workforce programs.

### Health Connect of South Dakota

**Address:** 320 S. 3rd Ave., Suite B, Sioux Falls, SD 57104

**Phone:** 605-371-1000

Resource directory and care coordination includes employment and financial-resource navigation.

## FREE & LOW-COST LEGAL HELP

### East River Legal Services

**Address:** 335 N. Main Ave., Sioux Falls, SD 57104

**Phone:** 605-336-9230 | 800-952-3015

Civil legal aid for eligible residents in eastern South Dakota. Apply through SD Law Help for screening and referral.

### Dakota Plains Legal Services

**Address:** 300 N. Dakota Ave., Suite 306, Sioux Falls, SD 57104

**Phone:** 605-301-8060

Free civil legal assistance for eligible clients, including certain housing, family, health, consumer and other civil matters.

### SD Law Help

Central application system that routes eligible applicants to the appropriate South Dakota legal-aid provider. Lower-income residents, seniors, domestic-violence survivors and veterans may qualify depending on circumstances.

## QUICK REFERENCE - IMPORTANT NUMBERS

| Need                              | Contact      |
|-----------------------------------|--------------|
| Emergency police / fire / medical | 911          |
| Mental health / suicide crisis    | 988          |
| Community resources               | 211          |
| Domestic violence shelter         | 605-338-4880 |
| National DV Hotline               | 800-799-7233 |
| Health Connect SD                 | 605-371-1000 |
| Salvation Army                    | 605-332-2331 |
| Bishop Dudley shelter             | 605-809-8424 |
| St. Francis House                 | 605-334-3879 |
| Sioux Falls Housing               | 605-332-0704 |
| Energy assistance (LIEAP)         | 800-233-8503 |
| Sioux Falls Vet Center            | 605-330-4552 |
| County Veterans Services          | 605-367-4201 |
| East River Legal Services         | 605-336-9230 |

## WHEN YOU DON'T KNOW WHERE TO START

### 1. Dial 2-1-1

For food, housing, utilities, transportation, health care, financial help and other community resources.

### 2. Health Connect of South Dakota - 605-371-1000

For one-on-one help navigating health care, housing, food, employment, transportation and financial resources.

### 3. Children's Home Shelter for Family Safety - 605-338-4880

For domestic violence, confidential shelter, safety planning and survivor advocacy.

### 4. Minnehaha County Human Services

For county emergency relief and homelessness assistance. Dial 211 for current intake details.

**Safety planning:** Leaving an abusive relationship can be a high-risk time. A trained advocate can help plan around children, transportation, medications, documents, pets, finances, housing and technology safety.

Compiled for community use. Verify hours, eligibility, funding and shelter space directly with each organization.